Compelling Conversations
Develop your communication style by leveraging your MBTI®

WHY IT WORKS
Communication is essential in building and maintaining relationships. Compelling conversations are a natural byproduct of healthy communication, requiring both speaking and listening.

LEARN HOW TO
This workshop helps participants identify and understand their own and others' communication style based on MBTI® type and practice their skills to communicate more effectively.*Requires completion of MBTI® 1: Know Thyself Workshop.

IDEAL FOR
• Self-understanding and individual development
• Team building
• Management and leadership training
• Coaching
• Organizational development
• Diversity and multicultural training
• Problem solving
• Career development and exploration
• Academic counseling
• Education and curriculum development

DURATION
Half-Day

FORMAT
Virtual
In-person

OBJECTIVES
• Self-assess your current communication style
• Increase your understanding of differences in communication styles
• Develop greater awareness of the impact of personality type when communicating
• Identify where you may need to adjust your communication style to maximize your impact
• Practice the skills of communicating effectively
• Create a personal action plan that encourages follow-through to enhance communication

AGENDA
Half-Day
• Welcome, Session Overview & Introductions
• Raising Awareness: Your Communication Style
• MBTI® Refresher
• Effective Communicating
• Starting the Conversation
• Identifying and Adapting Your Communication Style
• Break
• Focus of the Conversation
• Putting it into Practice
• Action Planning — Putting it All Together
• Session Close, Review, Next Steps

Give us a call when you’re ready to Level Up!

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